

Cargo bikes - A risen star in last mile pickup and delivery

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Structure

- Introduction
 - Research aim and methodology
 - Overview last mile delivery practices by cargo bikes
 - What already had been said in literature
- Last mile delivery practies with cargo bike
 - Cases Cargo Velo ghent, DHL antwerp, Cargo bike use KoMoDo
- Challenges and Opportunities for growth
- Future research path

Introduction

- Research question:
 - What are the challenges and opportunities of cargo bike use in last mile deliveries?
- Methodology:
 - Exploring existing last mile delivery practices with cargo bikes in Europe
 - Knowing how they work
 - Observing challenges and exploring the opportunities for growth



Types of cargo bikes















Bike a





Last mile delivery practices with cargo bikes in Europe





Literature on use of cargo bike in urban freight

- Cargo cycles for local delivery in New York City: Performance and impacts Alison Conway, Jialei Cheng, Camille Kamga, Dan Wan, 2017
- Travel time differences between cargo bikes and cars in commercial transport oprtations Johannes Gruber and Santhanakrishnan Narayanan 2019
- CycleLogistics moving Europe forward! Susanne Wrighton and Karl Reiter 2015
- Cargo cycles in commercial transport: potentials, constraints and recommendations Christian Rudolph and Johannes Gruber 2017
- Design and operation of an urban electric courier cargo bike system Tanja Niels, Moritz Hof and Klaus Bogenberger 2018
- Sustainable city logistics making cargo cycle viable for urban freight transport Gabriele Schliwa, Richard Armitage, Sara Aziz, james Evans and Jasmine Rhoades 2015
- The use of bicycle messengers in the logistics chain, concepts further revised Jochen Maes and Thierry Vanelslander 2012
- The role of urban consolidation centres in sustainable frienght transport Julian Allen, Michale browne, Allan Woodburn and Jacques Leonardi 2012

Advantages of cargo bikes considering urban logistics sector



- '0' emission and noise
- Easy to park
- Health benefits for rider
- Uses less road space
- Gives 'green label' to logistic companies
- Need less maintenance than conventional vehicles
- Can deliver in the pedestrian zones
- Not restricted to delivery time windows



Examples of results from scientific literature

- The bikes have an advantage in terms of speed during times of greater congestion such as morning rush hour periods (Conway et al. 2017)
- Results from Porto indicate that the implementation of cargo cycles can lead to better traffic performance (with lesser time delay being one indicator) upto replacement rate of 10% of conventional vehicles (Melo and Baptista.
 2017
- In a densly populated area, the vehicle mileage covered by diesel trucks per day can be approx. reduced from 180km to 45km (Tanja Niels, Moritz Hof and Klaus Bogenberger 2018)
- Bike messengers can be a viable solution for urban logistics. Bike courier will need bigger volumes to have stability in the long run. It will need policy interventions and additional infrastructure like city hub for better operations. (Adapted from Maes and Vanelslander 2012)
- Concerning spatial context, Greater trip distance was a factor favoring trucks over cargo bikes without electric assist (Conway et al. 2017)



Last mile delivery practices with cargo bikes in Europe



Hungary

Turkey

Ukrain

CYPRUS

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1. Exclusive bicycle courier

- 2. Combination of vans and bicycle
- 3. Support of additional infrastructure like micro hub in densly populated areas

Cargo Velo, Ghent and Antwerp - Belgium



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Cargo Velo, Ghent and Antwerp - Belgium



Photos by An Van Gijsegem



DHL, Antwerp, Belgium (also operated by DHL Netherlands, Germany and Sweden)



Cargo bike use at KoMoDo micro hub, Berlin - Germany



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Photos by Aanan

Urban logistics practices with cargo bikes







City	Ghent	Berlin	Antwerp
Fleet	15 cargo bikes and an additional trailor	11 cargo bikes	conventional vans and 10 cargo bikes (armadillo with container)
Parcels/day	Approx. 250 parcels	160,000 in one year (gradual increase by end of the project)	Approx. 1200 parcels (combined)
Reason to operate cargo bikes	To develop a sustainable bike delivery practice	to learn about sustainable solutions through pilot project of micro hub	To practice sustainable solutions for last mile delivery
single/multiple operator	single	multiple	single
Support infrastructure	Consolidation/distribution at the edge of the city centre (Gentbrugge)	Micro hub for operating in a neighbourhood (Prenzlauer Berg)	Consolidation/distribution centre at the edge of the city centre (Noorderlaan)
Services offered	parcel, express, courier	parcel, express, courier parcel, express, courier	

Source: semi structured Interviews and site visits



Bicycle courier – the qualitative side

"We feel great when people take selfies with us or take our pictures for that matter!"

> "Bad weather!! Oh no, it's just a matter of different cloths we choose to wear!"

"Even if we have choice, we prefer taking bikes over vans to deliver parcels. It's fun to be in the open environment, it's faster and it is kinda cool!"

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Challenges and opportunities in last mile delivery by Cargo bikes

Challenges		Opportunities	
•	Market is small compare to regular delivery	•	Promising market for e-commerce+ CEP
	practices, Labour costs are higher compare to	•	Collaboration with global market players
	regular logistics practices, e.g. volumes per driver	•	A constellation of various political agenda can
	per route		create favourable environment for cargo bicycles
•	Keeping balance between interim and	•	Policy interventions can encourage
	permanent employees		competitiveness
•	Managing volumes, planning routes and split up		
	goods		
•	Support of infrastructure (micro hubs, bike lane		
	network etc.)and its feasibility		
•	Financial difficulties		



Messege from literature in a nut-shell

Cargo bike use in a **certain condition** can be the best solution to combat congestion and smooth flow of goods in the urban areas



Future research path

- What is the scale of their private economic viability (benefits and profits)?
- At what level Infrastructure (bike paths network, city hub) helps to enhance the use of cargo bikes?



"Traffic congestion is caused by vehicles, not by people in themselves." – Jane Jacobs, author of The death and life of great American cities

Thank you for providing your listening!

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